Help for people with psychiatric problems
in Social Psychiatric Centres

People with psychiatric problems, for example with fears, depressions, voice hearing, delusion, mental crises and other problems, find advice and help in the Social Psychiatric Centres.

You can come to our contact- and advice centres if you

- are in a mental crisis and need help
- want to talk to someone about your situation and your problems
- do not know what support options or next steps there are for you
- seek contact with other people in a protected environment

You are also welcome to contact us if relatives, friends or neighbours are affected, or if you help an affected person on a voluntary basis.
In addition to German, we also speak English in many cases, sometimes other languages. If you do not speak German well, we can provide a translation by language and integration mediators. In this case, please inform us a few days in advance.

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mit freundlicher Unterstützung des
LVR
Qualität für Menschen